



15TH MARCH 2024 | ISSUE 22

FERRYHILL SCHOOL NEWSLETTER

INTEGRITY | CREATIVITY | EXCELLENCE

DAME SHEILA HANCOCK

VISITS NORTH EAST YOUNG PEOPLE'S CHARITY FOLLOWING FUNDING

The esteemed Dame Sheila Hancock, actress and author, visited North East Young People's charity, The Key, to extend her support and witness first-hand the positive impact of the generous funding received from her late husband's foundation.

The Key is a North East charity that inspires young people facing challenging circumstances to believe in themselves and achieve their potential including across South Tyneside. Since 2018, the charity has received funding from the John Thaw Foundation, which has provided instrumental support in empowering young people from the region to take on their skills development challenge.

Abbie Foster, Head of Income Generation and Marketing at The Key, said, "The Key are delighted to receive a visit and ongoing support from Dame Sheila Hancock and the John Thaw Foundation. The grant will empower local young people to use their voices and ideas to lead activities that matter to them through the KEY+ Challenge."

"It'll play a vital role in helping them build important life skills, develop their confidence and realise their potential for the future."

During her visit, Dame Sheila engaged with a group of students from Ferryhill School whom The Key have supported recently. She listened attentively to their stories of how The Key's support had helped to improve their confidence and broaden their horizons by being able to lead their own projects.

Projects within Ferryhill School are led and supported by Mrs Langdale, who joined the students at The Key's head office in Newcastle for the meet and greet.

Frankie, Year 9 at the visit, said, "It was a great experience to meet Dame Sheila. She made us feel proud of what we have achieved with The Key."

For more information about The Key and the support they provide not only to our students but young people in the region, please visit www.thekeyuk.org or speak to Mrs Langdale in school.



Photo: Dame Sheila Hancock with young people supported by The Key and Ferryhill School

(Left to Right: Maxine (Interim CEO, The Key) Frankie, Alfie, Tyler, Dame Sheila Hancock, Jack, Jessica, Callum and Abbie Foster (The Key))

For more information please contact:
Abbie Foster, Head of Income Generation and Marketing at The Key
Email: abbie.foster@thekeyuk.org
Phone: 0191 731 7830

About The Key

The Key is a North East charity inspiring belief in young people especially those living in deprivation and facing challenging personal circumstances. We want to create a world where all young people are inspired to believe in themselves and are empowered to achieve their full potential.

Using our youth-led, development programme, the KEY+ Challenge, we empower young people to:

- Use their voices and be heard
- Lead and deliver projects and activities that matter to them
 - Build the skills and confidence they need to thrive
- Become active citizens by exploring enterprise or tackling social issues in their community

The KEY+ Challenge changes the way almost 1000 young people from the North East look at their future each year. It helps them discover what they are capable of and build the skills, confidence, and self-belief to do something meaningful.

For more information, go to: <http://www.thekeyuk.org>

Twitter: @thekeytweets

Facebook: thekeyuk



(Left to Right: Frankie, Alfie, Tyler, Dame Sheila, Jack, Jessica, Callum and Mrs Langdale)



HAVE YOU EVER CONSIDERED BEING A **PARENT GOVERNOR** AT FERRYHILL SCHOOL?



We currently have one parent governor vacancy.

The board is passionate about education and committed to continuous school improvement to ensure the best possible outcomes for our pupils.

Do you have any **valuable or professional skills** you can offer?

Do you have **good inter-personal skills, curiosity**, and a **willingness to learn** and **develop new skills**?

Are you committed to playing a **vital role** in making sure every child gets the best possible education?



The full Governing Body must meet at least three times per academic year, and as a school, we also have 5 Committee meetings spread out over the academic year. There is an expectation that governors will also undertake monitoring visits into school to find out more about the school throughout the year. Individual governors do not have any powers, instead the Governing Body works closely with the Executive Headteacher and Head of School to make decisions collectively as a team.

Any parent, or carer, of a registered pupil at the school at the time of election is eligible to stand for election as a Parent Governor (subject to certain exceptions, e.g. anyone employed at the school for more than 500 hours per annum is not eligible). Parent Governors, may on occasion, be elected by other parents at the school if there are more applications than spaces available.

Appointment is also subject to eligibility criteria and completion of a Disclosure & Barring Service check.

All governors must abide by our agreed Code of Conduct covering issues such as confidentiality, conflicts of interest, training requirements.

Prospective candidates are invited to speak with the Executive Headteacher and Chair of Governors prior to submitting an application so they are fully aware of the roles and responsibilities involved – please contact Mrs Forster, MAT Company Secretary on sfo@ferryhill.school to make an appointment.

Deadline for all applications to be received by: Friday 22nd March 2024

NEXT STEP CAREERS

The Careers Department is looking at ways of more effectively sharing Independent Advice and Guidance (IAG) with parents/carers and students. With this in mind we would like to remind everyone of the Careers Departments designated website which can be reached through the school website - students – subject websites or by following this link:
<https://sites.google.com/site/fbeccareersandguidance1/>

The website contains an enormous amount of information and many external links for both students and parents/carers. This includes information regarding local post 16 providers, apprenticeships, choices at 13+, finding employment, volunteering and much more.

We would also like to welcome parents/carers and Year 10 & 11 students to the NextStep Careers Facebook page.

Could we please ask parents/carers and Year 10 & 11 students follow this page:

<https://www.facebook.com/profile.php?id=61556104092870>

The page will not only give advice and guidance to support students with their post 16 progression but it will also offer information to support the whole community.

The page will cover information relating to progression including updates on post 16 providers open events, employment opportunities and much more.

Please feel free to follow the page and share posts with your friends and family.



**NEXT
STEP
CAREERS**

‘JOB OF THE WEEK’

As part of the Year 9 tutor programme and to help expand student knowledge and understanding of some of the many different job roles available to them after school, students have been looking at different job roles.

This week's 'Job of the Week' is a - Zookeeper

[https://youtu.be/AXEvA8oOUvE?
list=PLVEWa7uIDT769WGUTc_-IOca4dJRIPatZ](https://youtu.be/AXEvA8oOUvE?list=PLVEWa7uIDT769WGUTc_-IOca4dJRIPatZ)



ATTENDANCE

Schools across the country have seen a rise in children suffering anxiety about school since the pandemic. For most, the way to overcome this is to be in school. Studies show that the longer a pupil is absent and out of a routine, the harder it will be for them to return, and the more anxious they will get. Anxiety manifests in different ways but could include physical symptoms such as stomach problems or a fast heartbeat, or mental symptoms such as feeling overwhelmed, nervous, or unable to relax. If you are worried about anxiety and your child, it is a good idea to seek help as soon as possible, either with your GP or by contacting school.

PARENT/CARER PARKING AT SCHOOL



PARKING - REMINDER

Can parents/carers refrain from dropping students off directly into the main school car park on a morning amongst the parked cars. For those cars that are dropping children off they need to drive down the bus lanes and drop their children off at the bottom of the bus lanes and directly onto the path so children are not crossing the car park road in front of traffic including the buses. This is a safety issue and we want to avoid children being at risk from being knocked down. Similarly students should not be entering/leaving site on foot directly from the car park gates or the gates behind the bungalows near the tennis courts as these gates are for vehicle access only and not for student pedestrian access. The pedestrian gate is the gate that students should be entering the site from, again for safety reasons, at the front of the school down from the bottom car park gates.

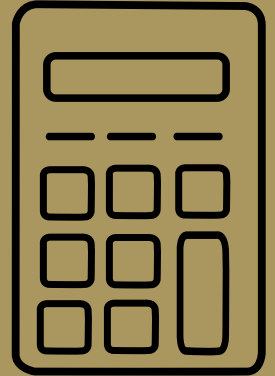
At the end of the school day parents are not to park in the school car park or enter the site on foot to collect their child unless they have been provided with a permit from School. Due to ongoing works around the area there is a designated pedestrian exit to ensure students can leave the site safely. Thanks for your support observing these safety procedures.

MATHS HOMEWORK - YEAR 10

This homework will consist of a Maths GCSE practice paper once a fortnight, with Sparx Maths on the alternate fortnight. Students will have 1 week to complete their work. This will help prepare students with their GCSE exam and help them with the familiarity of exam papers.

The first paper-based home work handed out to students last week has now been handed in this week, well done to all those students who have made a great effort in completing the work.

If you have any questions, please email the department on maths@ferryhill.school
Mrs Clarkson
Head of Department



INTERNET

SAFETY TIP

Avoid using ALL CAPS when you type. It's considered shouting online.

MOCK EXAM RESULTS

'We will be holding a Mock Exam Results for students in Year 11 - students will receive their Mock grades in a results day format during tutor time on Friday 22nd March. Well done to everyone for all their hard work!'

Equipment Packs

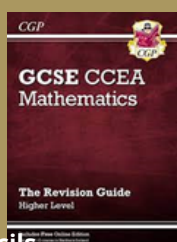
We now have A3 equipment pack wallets available to purchase from our ParentPay app. The price of these are currently £1.00. Pupils are also able to purchase these via our ClassCharts system using their achievement points.

School equipment now available to buy on ParentPay.
Casio scientific calculator and pencil case (pencil case, 3 black pens, 2 green pens, 2 pencils 2 small & 1 large ruler, rubber, pencil sharpener, compass, protractor, glue stick & 2 highlighters - £10.00.

FINAL STOCK Casio scientific calculator - £8.55.

Pink Casio calculator - £9.10.

Pencil case (pencil case, 3 black pens, 2 green pens, 2 pencils, 2 small & 1 large ruler, rubber, pencil sharpener, compass, protractor, glue stick & 2 highlighters - £2.50.



VAPING AND E-CIGARETTES: THE FACTS FOR PARENTS AND CARERS



This leaflet is to support parents and carers to have conversations with their children about vaping.

THE LAW AND VAPING

Vapes and vaping products containing nicotine, like tobacco, are age restricted. It's illegal to sell them to under 18s, and for adults to buy them on their behalf.

If you know of anyone who does sell vapes or tobacco illegally, you can report them to trading standards through the Citizens Advice online portal: citizensadvice.org.uk/consumer

Advertising of all tobacco products is illegal, but if you see advertising for vapes that you feel is trying to encourage children and young people to try vaping, you can report it to the Advertising Standards Authority: asa.org.uk

For more information about vapes and stopping smoking, visit freshquit.co.uk

Children and Young people can find out more information on vaping on the FRANK website: talktofrank.com/drug/vapes

Or read the ASH Briefing: ash.org.uk/uploads/ASH-brief-for-local-authorities-on-youth-vaping.pdf



**OUR ADVICE TO CHILDREN AND YOUNG PEOPLE IS:
DON'T SMOKE? DON'T START TO VAPE.**

WHAT IS VAPING?

Vaping is the use of an electronic device to inhale vapour derived from a heated liquid. The main ingredients are vegetable glycerine and propylene glycol, but most e-liquids also contain nicotine, which must be no more than 2% or 20mg per ml, as well as small amounts of flavourings and sweeteners.

SMOKING VS VAPING

Smoking is much more harmful than vaping. Tobacco smoke contains carbon monoxide and tar, a sticky soup of toxic chemicals, many of which are known to be carcinogenic, causing disease, disability and early death.

HOWEVER, VAPES ARE NOT HARMLESS

Short-term effects can include:

- coughing
- headaches
- dizziness, and
- sore throats.

Long-term effects are, as yet, unknown.

WHAT ARE THE CONCERNS WITH VAPING AND CHILDREN AND YOUNG PEOPLE?

Most children and young people don't vape or smoke. However, in 2022 the number of 11-17-year-olds in Great Britain currently using vapes rose to 7% compared to 4% in 2020. Whilst this increase is concerning, it is important to note that most vaping is experimental, with regular vaping mainly confined to children who currently smoke or have done in the past.

The increase in youth vaping has coincided with the arrival on the UK market of a new category of cheap and attractive disposable vapes that have proven particularly popular with children and young people and have been promoted extensively on social media. We are working hard nationally and locally to address these issues.

HOW DO VAPES HELP SMOKERS QUIT?

Like nicotine patches and gum, vapes containing nicotine are a useful aid to quitting as they deal with the cravings smokers get when they try to stop. Nicotine vapes are proven effective and have become the most popular quitting aid for smokers in recent years. However, vapes are not recommended for non-smokers, particularly children.

HAVING CONVERSATIONS WITH YOUR CHILD ABOUT VAPING?

Find the right moment when you see someone vaping, walk past a vape shop or see advertisements.

Ask questions what do they think about vaping? Do they know people who vape? Why do they think people vape?

Listen to them learn from them, but also use your knowledge to help them understand the facts and that vapes are not harmless.

Talk about your expectations explain your concerns and tell them why you don't want them to vape or smoke and to make clear that although neither are recommended, smoking is the far greater risk.

Let them know that you care about them explain that those who knowingly sell vapes to under 18s don't care who they sell to and they are just interested in making money

Talk about the different reasons why children may vape give examples such as wanting to fit in, curiosity, stress. Talk through effective ways to respond if they ever feel pressured to try it and practise responding together.

If your child is vaping try to understand why they are vaping by asking questions like "What do you enjoy about vaping?" Or "How does vaping make you feel?". Understanding this might help you to understand their needs and discuss other ways to meet those needs.



Easter Menu

27th March

ROAST CHICKEN

WITH

**CREAMED POTATO NESTS,
BROCCOLI AND CARROTS**

EGG AND CHEESE NESTS

WITH

CRUSTY BREAD AND SALAD

EASTER CUPCAKE

OR

EASTER EGG BLONDIE

OR

FRESH FRUIT

Price

£2.55



Prom Dress Day

Thursday 4th April

2pm-7pm

The ARK Silverdale Place Newton
Aycliffe DL5 7DZ

Do you need a prom dress
Junction 7 have lots of
beautiful dresses available
for free

A Donation will be appreciated but not essential

To book in Please contact
junc7tion@gmail.com or
text Jane Day
07851723647



Junc7-ion



Parenting Together

NEW 2.5 hour friendly and informal workshop

Helping parents and/or friends and family who help bring up your child to:

- Think about how you deal with disagreements in relationships
- Manage family stress and improve communication
- Enjoy parenting together

To find out more or to book your place call/text/whatsapp 07917 474 856 or email EPEC@durham.gov.uk

Workshop dates

Monday 4 March, 6-8.30pm
Wednesday 6 March, 9.30-12noon
Monday 18 March, 6-8.30pm
Tuesday 19 March 12-2.30pm

Venue TBC



Be the change you want to see



Make a difference
Work for your local council



Period 6

We are excited to announce the new timetable of after-school revision sessions, Period 6, which are especially tailored for our Year 11 students.

These sessions aim to provide focused support as students prepare for their upcoming mock exams at the end of February, as well as for their formal exams in the summer.

Your child's academic success is our priority, and we encourage their participation in these valuable sessions to enhance their understanding and boost confidence. Revision plays a crucial role in GCSE exam preparation, as it consolidates knowledge, reinforces understanding, and enhances memory retention. A study conducted by the National Foundation for Educational Research (NFER) revealed that students who engage in regular revision sessions tend to achieve higher grades compared to those who rely solely on classroom learning. Revision is at its most effective when it involves revisiting information over time, known as spaced repetition; this is what our Period 6 sessions provide.

Participation in after-school sessions serves as an investment in future success for students. Beyond immediate academic gains, these sessions instil crucial skills such as time management, discipline, and a strong work ethic. Research indicates that students who engage in after-school sessions, tend to develop a greater sense of responsibility and commitment. Therefore, by actively participating in after-school sessions, students not only enhance their subject knowledge but also cultivate a foundation of skills and habits that contribute to long-term success.

We would like to ask for your continued support in ensuring that students attend their scheduled sessions helping them to maximise their chances of success in the summer.

All sessions will take place from Monday 29th January, 2.30pm-3.30pm at Upper School 'Gateway' site with late buses being provided.

PLEASE SEE TIMETABLE BELOW

Mon A	Tues A	Wed A	Thurs A	Fri A
Option B	Humanities	Science	English/Maths/Business	Business
Art B TSU	Geog A + B PCO	Rotation	E1: English NDO	E1: Business MCG
Engineering B SSH	History A SHA	LDU KBR SKN JJO SMO	E2: English BSO	E2: Business LGI
Sports B PSM	History A JFR		A1: Maths BCL	
E2 Maths (A) DHO	ICT A DLE		A2: CWL	
	Health & Social A CHA		C1: Maths JEM	
			C2: Maths DHO + EAG	
			WR: Maths KMC	
Mon B	Tues B	Wed B	Thurs B	Fri B
Option C	Humanities	Mix	Maths/English/Business	Biology
Art C NCA	Geog A + B PCO	E1: Sports VWI	E1: Maths KMC	D1: Science SMO
Engineering C SSH	History B SHA	E2: Business LGI	E2: Maths (B) DHO	D2: Science KBR
ICT C DLE	History B JFR	A1: Business MCG	A1: English KCA	
Sports C PSM		D3: Science KBR	A2: Maths JEM	
Sports VWI		D4: Science KBR	C1: CWL	
Health & Social C CHA		D5: Science SMO	C2: MCG	
		WR: History SHA		

SCIENCE AND MATHS TUTORING SESSIONS

Ferryhill School Science Department are very excited to announce an exclusive tutoring program that can significantly boost your Year 11 and Year 10's child's exam results in Biology, Chemistry, Physics and Maths as a part of our RAAC catch up strategy with the help of Kay Science.

Start Date: Begins on Monday, 5th February, with 4 weekly lessons in Biology, Chemistry, Physics, and Maths.

How to Join: Students use their Kay Science account login and password which is both their first name and last name in lowercase letters with the number 400 after. Eg. joeblogs400. Once logged in students click their name and then tuition timetable which will be a green button to start the live lesson.

Timing of Lessons: Lessons are from Monday to Thursday, 5:30pm to 6:30pm. Triple Science content specific lessons will start from Monday 4th of March at 7:00pm to 8:00pm.

Scheme of Work: Meticulously planned to go over the key content likely to appear in exams.

Expert Teachers: Led by three experienced teachers from London high schools with a combined 20+ years of experience and a track record of high pupil attainment.

Direct Instruction & Feedback: We will explain the content using dual coding under a visualiser, give students an opportunity to attempt exam questions, and then provide feedback on how to get top marks.

Optional Homework: There will be an opportunity for students to complete homework after each lesson.

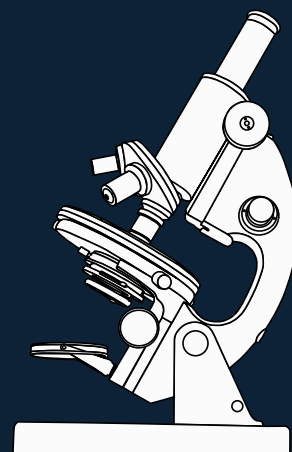
Online tutoring sessions are **FREE** of charge for all Ferryhill School pupils (typically one hour of online tutoring can cost anywhere between £25 – 40 an hour.) This is a fantastic opportunity for our Year 11 and Year 10 students who have been affected by our current RAAC situation to help them get the grades they truly deserve. Please see the proposed weekly schedule attached.

Mr S.J Knaggs (Chemistry Lead)



Day	Monday	Tuesday	Wednesday	Thursday
Week (w/b)	Biology	Chemistry	Physics	Maths
Week 1 5th Feb	Enzymes	Periodic Table	Renewable & Non-Renewable Res	Primes, Factors and Multiples / Standard Form
Week 2 12th Feb	Plants	Separation Techniques	Spec Heat Cap/Latent Heat	Percentages
Week 3 19th Feb	Photosynthesis	Bonding	Electricity	Algebraic Fundamentals
Week 4 26th Feb	Respiration	Groups of the Periodic Table	Electricity	Factorising / Sequences
Week 5 4th Mar	Circulatory System <u>Triple:</u> Aseptic tech/disks	Key Calculations <u>Triple:</u> Calculations	Particle Model <u>Triple:</u> Electrical Charges	Working with Equations
Week 6 11th Mar	Health and Disease <u>Triple:</u> Plant diseases	Acids + Alkalis <u>Triple:</u> triple content	Atom & Decay <u>Triple:</u> Gas Pressure	Formulae / Simultaneous Equations
Week 7 18th Mar	Reflex Arc & Glucose <u>Triple:</u> The Eye	Electrolysis <u>Triple:</u> Tests for ions	Forces <u>Triple:</u> Using Radiation	Working with Ratios
Week 8 25th Mar	Controlling Fertility <u>Triple:</u> Auxins/Thermoreg	Reactivity & Equilibrium <u>Triple:</u> Organic Chem	Hooke's Law <u>Triple:</u> Moments, Gears	Ratios in Context

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$



PARENT NOTICES

PARKING AT FERRYHILL

Parents are not to park in the school car park or enter the site on foot to collect their child unless they have been provided with a permit from School. Due to ongoing works around the area, we have a designated exit to ensure students can leave the site safely.

COLLECTION OF STUDENTS FROM FERRYHILL SITE

When collecting or dropping off a student during the school hours of 8:30am – 2:45pm, can we ask that parents/carers come to the new reception entrance based in room 10 which is signposted. The PE entrance used by students will be locked throughout the day and will not be manned by staff.

COLLECTION OF STUDENTS FROM UPPER SCHOOL SITE

For parents picking up their child from the Upper School site, please do not park directly outside of the building as the school buses need space to park. By parking there it prevents students being able to board the buses safely. Please park on the opposite side to the Upper School building. Thank you for your support with this matter.

LOLLIPOPS

Lollipops are not allowed in school, they are a potential choking hazard.

BEHAVIOUR ON SCHOOL BUSES

Please ensure students are aware that their behaviour while waiting for and while travelling on the school bus is subject to the schools consequence system.

RECORDING ABSENCES/ATTENDANCE

All student absences must be reported to school by 8:30am each day. This can be done by contacting (01740) 651554. Please then select **option 1** to be directed to Student Support. If there is no one available to take your call, please leave a message on the answer machine provided. Alternatively, you can email any attendance related queries to attendance@ferryhill.school.

PE KIT REMINDER

Can we please remind parents that students must have their PE kits in school on their PE day. Please remind your child to check their timetable daily.

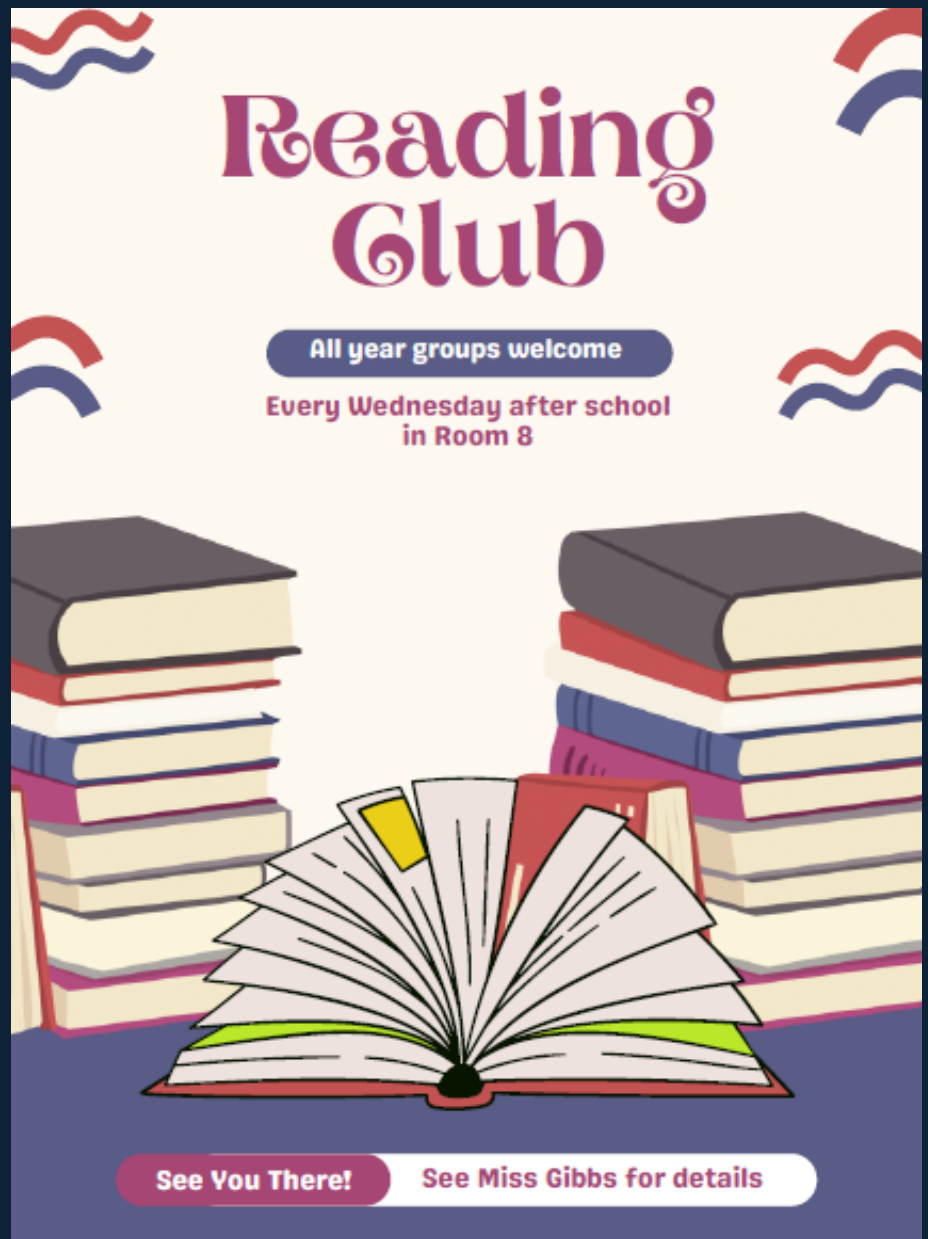
LATE BUSES

Please note late buses will not run for afterschool clubs. Your child will be expected to make their own way home.

AFTER SCHOOL ACTIVITIES

After school activities will continue at Ferryhill site, Mondays and Wednesdays.

Sessions will run from 2:50 - 3:30pm, unless stated otherwise.



Monday - Dodgeball

Wednesday - Football & Netball

Wednesday - Reading Club

Wednesday - Board Games Club

Wednesday - English Club 3:00-3:30pm

Wednesday - Film Club 3pm-4pm Room 6

